## **Athlete Recognition / Gauntlet Mile**

Coaches.

We are trying to make this a very special meet for you and your athletes. In pursuit of that goal, we would like you to send us some information about your team that can be used during the meet. If you have some outstanding individuals that earned League Champion, Regional Qualifying, State or Indoor State honors, College running for next year, etc. let us know.

\*\*\*If you could also put what events they might be in. This would help our announcer\*\*\*

## You can email me or bring a copy to the meet whichever is easier.

We are going to have our announcer get the fans involved by informing them of the outstanding teams and individuals we have performing at the Eastwood Relays. At big meets, the announcer can draw focus to events: So and So is jumping at 6'4 or running the anchor leg for Team A is So and So who was a district champion last year in the 800m dash. In our case we want people to know that our thrower is a returning state champion and rated in the nation in the disc. We are trying to create a buzz about track and field. We think if we do a better job with the PA, letting people know what is happening, that it will help.

Gauntlet Mile, 4x400, mixed 4x400. After the 1st laps of these events we had teams of kids and coaches can get on and around the track or just on the infield cheering on these athletes when they went by. We ask to keep them around lane 4 for space and about 40 meters from the finish line.

So, long story short, anything you think we can work into the meet, let us know. Thanks for your help. You can email information to me at: bsabo@eastwoodschools.org

See you on the 19th.

Brian Sabo